



NEWS RELEASE

For Immediate Release
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Amanda Baillie: County PIO
abaillie@cochise.az.gov
520-432-9214

Fourth COVID-19 case confirmed in Cochise County

A fourth case of COVID-19 has been confirmed in Cochise County. The County's Health & Social Services Department received confirmation of a positive test on Sunday, March 29.

The individual is an adult female who is currently hospitalized at a medical facility outside of Cochise County. Due to the fact she has no recent travel history it is believed this is the first confirmed case of community spread in the county. Community spread refers to the spread of an illness for which the source of the infection is unknown. An investigation has been completed and all known contacts are self-isolating.

Cochise County Health & Social Services is reminding the public to follow social distancing guidelines and to only travel for essential trips. The public should also continue washing or sanitizing their hands, especially after touching any public surfaces, such as grocery carts and fuel pumps.

Health Director Carrie Langley said, "The Arizona Department of Health has determined COVID-19 is now widespread in the state, so it's really important that the public practice social distancing. That means avoiding group gatherings, visitors in your home, crowded grocery and retail stores, and non-essential travel. Members of the public should also keep at least six feet between them and others, wash their hands, and stay home if they feel sick or have any symptoms of COVID-19."

Symptoms include fever, cough, or shortness of breath. Anyone experiencing symptoms is advised to stay home and self-manage their care, and to stay away from others until at least 72 hours after their fever is gone and symptoms of acute infection resolve. Contact your healthcare provider if you are unable to manage your symptoms at home.

The County has established a COVID-19 website where the public can find a wealth of information, including testing criteria, community and business resources, case updates, donation and volunteer opportunities, social media help sites, County services updates, and more. Visit <https://covid-cochisehealth.hub.arcgis.com/>

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Cochise County provides regional leadership and effective, high-quality services with personal and professional integrity. Located in the southeast corner of Arizona, Cochise County has natural beauty, world famous history, and a fascinating culture. Covering 6,219 square miles, and with a population of approximately 130,000 people, the County provides vital services to the unincorporated areas of the region. It is home to a diverse range of incorporated cities, including Sierra Vista, Bisbee, Benson, Douglas, Tombstone, Willcox, and Huachuca City. Visit www.cochise.az.gov for more information.

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Board of Supervisors: 1415 Melody Lane, Building G, Bisbee, AZ, 85603

Amanda Baillie

Public Information Officer

Cochise County Board of Supervisors

1415 Melody Lane, Building G

Bisbee, AZ 85603

520-432-9214 phone

520-559-3409 cell



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